

atlas

PAIN CARE

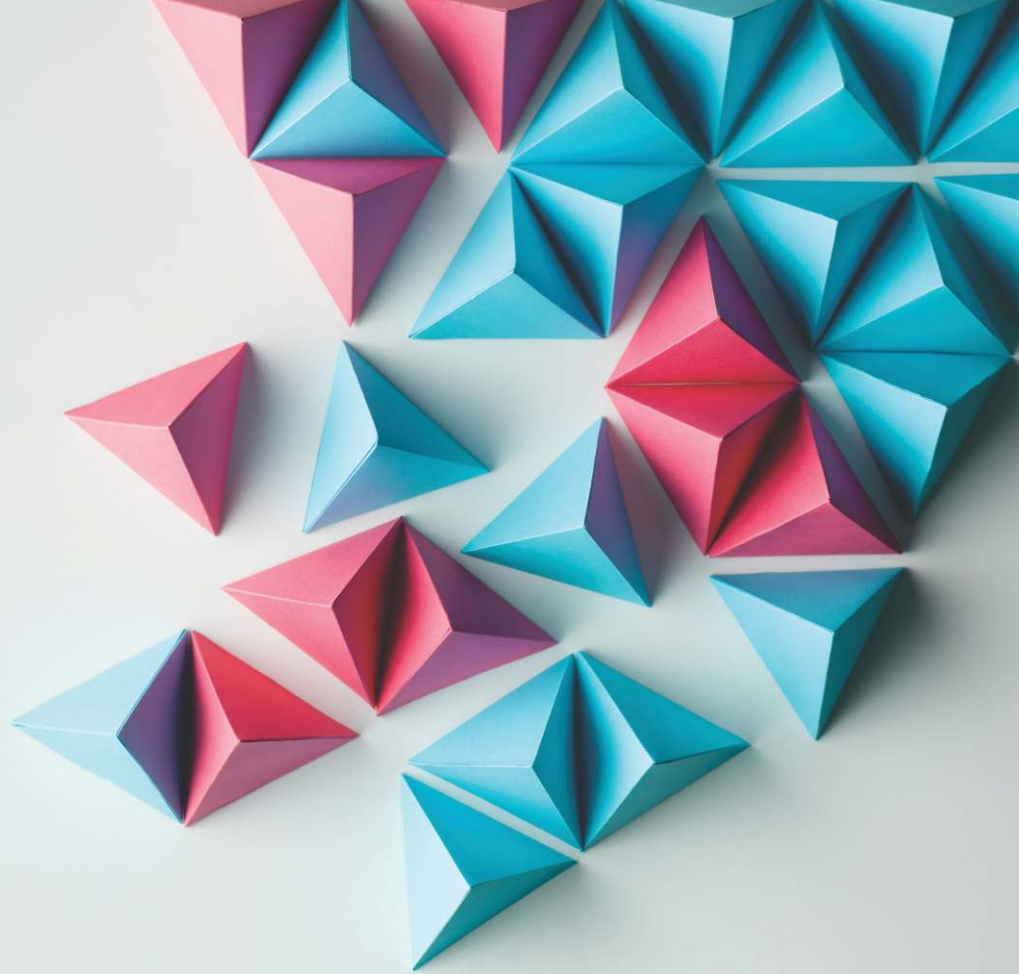


**CRAFTING
FREEDOM FROM
PAIN**

www.atlaspaincare.in



Ori means folding and **gami** means paper. Origami is a 17th Century traditional Japanese folk art that transforms a flat sheet of paper into a finished sculpture through folding and sculpting techniques. The human body is like a sheet of paper, which has to have the ability to be pliable to meet the demands of everyday life. Pain reduces this much-needed ability. When life is painless, the human spirit can mould itself to rise to any challenge.



Pain restrains. Pain binds. Pain is an impediment to enjoy the simplest pleasures of life. The very personal experience that it is, pain cannot be shared. But...it can be understood and reduced.

Isn't it time to craft a new life sans pain?

At Atlas Pain Care, we harness today's exciting advance in medical sciences to deliver modern and scientific pain management solutions. At Atlas Pain Care we enable long-suffering patients to reclaim their positive energy and make better use of their potential. At Atlas Pain Care we help them erase pain and embrace life!





VISION

With convergence of global best practices, we will endeavour to establish with success a most modern multi-disciplinary pain management centre. Fostering learning and growth is our reason for being. Through comprehensive academic and educational relationships with the best centres, Atlas Pain Care will be a Centre of Excellence and an exemplary focal point for research, education and advocacy.

MISSION

To relieve suffering, foster functional restoration and restore wellness with modern pain management principles and clinical excellence.

CLINICAL SERVICE - serve as a pain management centre of excellence with a co-ordinated, multidisciplinary approach that enriches the quality of human life.

EDUCATION - provide comprehensive education and training in the field of pain medicine and develop future clinician leaders.

RESEARCH - promote and pioneer research aimed at epidemiology of pain and novel pain management strategies.

ADVOCACY – espouse the right to timely and appropriate pain relief, and right of access to pain relieving medicines.

“Pain doesn't discriminate, but treatment often does.”

OBJECTIVE

To impart excellent clinical service, thus providing our patients with a much-needed independence and comfort, and a restored quality of life.

CRAFTING LASTING VALUES



The Founding Principle: *To introduce affordable, best-in-class pain management services*

As a super specialty pain care centre offering comprehensive services in a patient-friendly environment, we have stayed affordable and accessible with a 'patient first' approach to managing pain. Our team has been at the forefront of clinical excellence and humane care, and has strived to create the best patient experiences and excellent outcomes, where an environment of excellence matches the unrivalled services.

The relentless passion to converge global best practices has made establishing an advanced pain management centre our next logical step. Atlas Pain Care– a modern and advanced interdisciplinary pain management center – was thus born, in Coimbatore. It is steered by pain physicians educated and trained across the world and who have returned to India driven by the passion to relieve pain and improve the quality of life of pain sufferers.

CRAFTING EXCELLENCE

The Team: *Pain physicians who have trained and worked abroad, with a passion and a national repute for clinical service, education and advocacy.*

Specialist doctors in Pain and Palliative Medicine, each with unique qualifications and on-the-ground experience in a broad range of settings in countries like USA, UK, Canada and Australia, work collaboratively at Atlas Pain Care to provide the most advanced treatment options in a supportive, compassionate and professional environment. They are supported by a strong and efficient multi-disciplinary team of psychologists, physiotherapists and occupational therapists to help individuals manage their distress and get on the fast road to recovery.

Some of the pain conditions we treat :

Ilio-inguinal neuralgia
Genitofemoral neuralgia
Pancreatic pain
Thalamic pain
Knee osteoarthritis
Iliohypogastric neuralgia
Frozen shoulder
Shoulder pain
Cervical diskogenic pain
Testicular pain
Fibromyalgia
Scar neuroma pain
Myofascial pain
Cervical facet joint pain
Rhomboid trigger point
Thoracic trigger point
Complex regional pain syndrome I & II
Costo-transverse joint pain
Subacromial bursitis
Bicipital tendinitis
Coccygeal pain

CRAFTING EXPERTISE

The Service Matrix: Blending technology, talent and ancient traditions

Atlas Pain Care utilizes the most technologically advanced treatment options available today for treatment of pain such as:

- ✦ RADIO-FREQUENCY ABLATION
- ✦ SPINAL CORD STIMULATOR &
- ✦ SPINAL DRUG DELIVERY PUMP

Procedural interventions are helpful when medications, physical therapy or traditional treatments such as massage have failed. It aids in the precision diagnosis and targeted management of persistent pain. The benefits from the procedure are then combined with self-management approaches with a view to help individuals holistically improve their level of functioning. Our facility possesses the best infrastructure to help patients manage their pain with services including Yoga, Tai Chi and Mindfulness Meditation.

Our expertise is in providing cutting-edge medical care for more than 300 different types of pains and we take great pride in according the highest priority to creating an ecosystem where patient safety comes first.

Shoulder pain
Ilio-inguinal neuralgia
Frozen shoulder
Tennis elbow
Myofascial pain
Costo-transverse joint pain
Spinal cord injury pain
Coccygeal pain
Abdominal cutaneous nerve entrapment
Iliohypogastric neuralgia
Chronic pelvic pain
Cancer pain
Thoracic trigger point
Cervical muscle sprain
Central pain syndromes
Subacromial bursitis
Meralgia
Pain of vascular etiology
Phantom limb pain
Cervical radicular pain

CRAFTING HAPPINESS

The Treatments: Customized, cutting-edge & comprehensive

Trigeminal ganglion block and **Maxillary nerve block** Glossopharyngeal radiofrequency neurotomy Mandibular nerve block **Nerve block**
HEAD & NECK INTERVENTIONS Sphenopalatine ganglion block & radiofrequency neurotomy
Stellate ganglion block and radiofrequency neurotomy
Greater and lesser **Cervical epidural injection** Third occipital nerve block and occipital nerve blocks Temporomandibular joint injection radiofrequency neurotomy
Cervical nerve root injections Atlanto-occipital joint injections **levator, splenius.**
Cervical facet joint blocks Cervical medial branch radiofrequency neurotomy
Cervical muscle injections with botox – Sternomastoid, trapezius, longissimus,

Intercostal nerve block and neurotomy Splanchnic nerve neurotomy
Suprascapular nerve block and neurotomy **THORAX INTERVENTIONS** T2/T3 sympathetic neurolysis
Thoracic facet and medial branch neurotomy **Thoracic epidural injection**

Lumbar plexus block Ilioinguinal nerve block **Lateral femoral cutaneous nerve block**
Iliohypogastric nerve block Genitofemoral nerve block Coeliac plexus neurolysis
Lumbar sympathectomy **LUMBAR REGION** Lumbar transforaminal
Lumbar discography Lumbar medial branch neurotomy **epidural injection**
Iliopsoas injection **Quadratus lumborum injection** Lumbar facet injections

Pudendal nerve block Hypogastric plexus block **Ganglion Impar block**
Caudal epidural **PELVIC REGION** Caudal decompression neuroplasty
Sacral nerve root injection Sacro-iliac joint injection **Sacro-iliac neurotomy**

Brachial plexus block Shoulder joint injections Acromio-clavicular joint injection
Suprascapular nerve block Supraspinatus injection **UPPER LIMB**
Obturator nerve block and neurotomy **Wrist injections** Bicipital tendon injection
Elbow injections **Femoral nerve block** Saphenous nerve block
Common peroneal block Tibial nerve block Knee joint injections
Genicular nerve block Plantar fascia injections **Ankle injections**

Peripheral nerve stimulator Vertebroplasty
Spinal cord stimulator **ADVANCED PROCEDURE** Intrathecal pump

CRAFTING CARE

The multi-disciplinary approach: For complete well-being

Palliative Medicine

When pain relief is needed the most

Palliative care helps individuals who experience pain-related symptoms from chronic and progressive diseases including cancer, AIDS, advanced diseases of the heart, lungs, kidney and liver and neuro-degenerative diseases such as dementia. Patients receive palliative care even as they are treated for their illness.

Physiotherapy

Keeping individuals active

Our centre employs core skills such as manual therapy, therapeutic exercises and electrophysical treatments to promote, maintain and restore physical and psychological well-being.

Electrotherapies

- ♦ Short Wave Diathermy
- ♦ Ultra Sound
- ♦ Interferential therapy
- ♦ Transcutaneous Electrical Nerve Stimulation (TENS)
- ♦ Infra Red Radiation (IRR)
- ♦ LASER therapy
- ♦ Manual therapy

Physical Therapies

- ♦ Wax
- ♦ Moist Heat
- ♦ Cryotherapy
- ♦ Traction
- ♦ Stretching and strengthening exercises

Other services

- ♦ Rehabilitation – Neurology, musculoskeletal and cardiac
- ♦ Sports Injury Management
- ♦ Home Visits



Psychological Treatments

It is mind-body medicine

Pain not only causes distress but also induces anxiety, mood upheavals, stress, anger, relationship difficulties, changing of family roles, inactivity, negative thinking, and many other challenging emotions and behaviours. We work with individuals to equip them with effective coping skills and help them enjoy a better quality of life.

Occupational Therapy

Living life full size

At Atlas Pain Care we encourage the practical application, evaluation, and modification of skills of everyday living through lifestyle management and activity analysis. In addition, we educate, facilitate and collaborate with patients in managing their pain

Pearl box

A unique 'do-it-yourself' guide to getting back to life

Pearl Box is our inter-disciplinary pain management programme that is the first-of-its-kind in India. Pain is an extremely personal experience and nobody understands their body better than themselves. This is the principle on which our programme is based. It calls for as much focus on strength as on weakness, as much interest in building the best things in life as in repairing the worst, and as much concern with fulfilling the lives of otherwise healthy people as healing the wounds of the distressed.



CRAFTING KNOWLEDGE

Ongoing pain management education

As part of our commitment to education, we have designed fellowships, observerships, and comprehensive CME programs to provide up-to-date information and resources in the field of pain management. Our aims are to develop and maintain professional performance of doctors and allied health professionals to enhance the quality of pain care; to contribute to the advancement of pain medicine as a specialty; and impact the quality, cost and access to pain treatment in India.

Our pain consultants are invited faculty for national and international conferences, invited authors for book chapters on pain, and are involved in pain advocacy efforts across our nation. They collaborate with national and international learned societies to provide pain education and knowledge to healthcare professionals across a wide spectrum, including medical students and specialist physicians.



atlas

PAIN CARE

MORE THAN 250 MILLION INDIANS SUFFER FROM CHRONIC PAIN.

15 MILLION OF THEM LIVE IN TAMILNADU

WE ARE CERTAIN THAT OUR TEAM WOULD BE OF BENEFIT TO PERSISTENT PAIN SUFFERERS WHO YOU MIGHT COME ACROSS IN YOUR DAY-TO-DAY PRACTICE...

AND WHOM YOU BELIEVE WOULD GAIN FROM A WELL-CRAFTED INTER-DISCIPLINARY APPROACH.

WE SEEK YOUR SUPPORT AND ENCOURAGEMENT.





Dr. Senthilkumar Raju
MBBS, MD, FIPM (CANADA)
DIRECTOR

Dr.Senthilkumar Raju received his basic medical training and did his anaesthesia residency at Annamalai University, India. He completed his chronic pain fellowship from the Toronto Western Hospital, Mount Sinai Hospital, Toronto General Hospital & Sick Kids Hospital at the University of Toronto, Canada.

atlas
PAIN CARE
Coimbatore

appointment

81 2456 2456

74 (New No 36), Krishnaswamy Nagar,
Second Layout, Ramanathapuram,
Coimbatore - 641045.

0422-7960945

atlaspaincare.coimbatore@gmail.com

    /atlaspaincare



SCAN FOR LOCATION

www.atlaspaincare.in